

MASSAGE AND WELL-BEING

We offer a range of expert massage techniques for stress reduction and total body relaxation to suit individual needs.

HEAD, NECK AND SHOULDERS £33.50

INDIAN HEAD MASSAGE £46.00

An ancient Indian Head Massage treatment for the shoulders, head & scalp, which helps to relieve sinus blockages, headaches and stress.

HOPI EAR CANDLES £39.50

A holistic approach to ear suffering – can help relieve sinus problems, headaches, catarh and clogged ears. A soothing treatment which includes a pressure point massage to face and ears.

BACK, NECK AND SHOULDERS £46.00

BACK REVIVAL £69.50

Indulge in a luxurious back cleanse and exfoliation, followed by a calming and hydrating masque with nourishing oils, all while receiving a relaxing leg, foot and scalp massage. The experience concludes with a soothing back, neck, and shoulder massage.

FULL BODY £69.50

Experience ultimate relaxation. Easing tension from head to toe - legs, arms, back, neck, shoulders and scalp included.

HOT STONE MASSAGE £62.00

Luxurious treatment on back and back of legs using heated stones which are bathed in warm oils and massaged over the skin to melt away knots, tension and stress.

REIKI £54.50

A Japanese healing treatment that will help to still the mind, calm emotions and heal the body – bringing inner peace.

REFLEXOLOGY £51.00

A specialised ancient healing art working on the reflex points of the feet to stimulate circulation, detoxicate, relax and restore the free flow of energy to the whole body.

THAI FOOT MASSAGE £58.00

This incredible ancient technique is a treatment that incorporates the lower legs and feet whilst combining stretching, massage and reflexology. A small traditional Thai wooden stick is used to stimulate the reflex points on the feet which corresponds to the internal organs of the body. Stimulated to promote general health and wellbeing

YUMMY MUMMY PREGNANCY MASSAGE £69.50

Using specific pre-natal massage techniques, this treatment works to relieve tired muscles, ease cramps, increase circulation and send you to a relaxed state of blissful calm.

PURE INDULGENCE £109.00

This is a very special 90 min treatment. The quintessential combination - experience a back, neck and shoulders massage and a pro skin 60 essential facial. Simply relax.

PLEASE NOTE

15% off for under 16's and students (with valid student card) on limited treatments (excluding Ear Piercing).

Do visit our 'walk in' nail bar on the ground floor in Bradbeers (perfumery department)

Check website for our customer care policy.

OPENING TIMES

Monday 9.00am to 5.15pm
Tuesday 9.00am to 5.15pm
Wednesday 9.00am to 5.15pm
Thursday 9.00am to 8.00pm
Friday..... 9.00am to 5.15pm
Saturday 9.00am to 4.00pm

Gift vouchers available



All prices include VAT.
VAT registration no. 45899701

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Treatment
Price List

Suzanne Portman



Effective from 1.4.25

DERMALOGICA SKIN TREATMENTS

Whatever your skin concern, we have the experience, knowledge, medical grade products and professional skin treatments to deliver the best results tailored to your skin goals.

PRO SKIN 30 EXPRESS (30 mins)..... £46.00
Targeting your key skin concerns for maximum impact in minimum time. This treatment is a firm favourite with those who have just 30 minutes and want visible results.

PRO SKIN 60 ESSENTIAL (60 mins)..... £71.50
The ultimate treatment, different every time. Customised with advanced product, technique and technology in a soothing environment. The ideal choice for those that want a comprehensive experience to address all skin concerns and achieve healthy, glowing skin.

PRO SKIN 60 AGE SMART (60 mins)..... £78.00
For prematurely ageing and mature skin. This treatment delivers immediate results using Age Smart range of products with vitamins and hydroxy acid exfoliation to resurface and re-texture the skin.

LUMINFUSION (60 mins)..... £84.50
An advanced needle free facial to diminish the signs of ageing and achieve the ultimate glow. Using needle free nano infusion to help push the products deeper into the skin to create fantastic results. High levels of exfoliation and highly active serums are also applied to resurface and infuse the skin. Completed with LED light therapy to increase cell energy by 200% leaving the skin completely energised and hydrated.

LED LIGHT THERAPY FACIAL (30 mins)..... £41.00
Add on to another treatment..... £15.50
Professional grade LED light therapy offers total skin rejuvenation. This versatile treatment can be customised to target different skin conditions such as acne breakouts, redness, inflammation, fine lines and wrinkles, eczema, psoriasis, acne scarring and healing.

MICRONEEDLING (60 mins)..... £116.50
Course of 3 recommended every 4 weeks (saving £60)..... £289.50
Microneedling is a minimally invasive but extremely effective anti ageing and rejuvenating treatment. Using very fine needles to puncture the surface of the skin to stimulate a healing response which increases collagen and elastin production. Recommended for ageing, brightening, acne scarring and pigmentation.

DERMAPLANING (50 mins)..... £65.50
A gentle non invasive form of exfoliation that removes the top layer of dead skin cells and fine facial hair. This encourages skin to regenerate skin cells leaving the complexion smoother, softer and brighter, giving a flawless finish when applying makeup (contrary to popular belief, vellus hair will not grow back thicker or darker, it will grow back at the same rate.)

CACI NON SURGICAL FACE LIFT
Lift, tone and rejuvenate with advanced CACI microcurrents. Enhancing elasticity while reducing fine lines and wrinkles. See separate sheet for more details.

HAIR REMOVAL

WAXING
Half leg (lower leg)..... £25.50 Bikini..... £23.00
Half leg (upper leg)..... £33.50 Brazilian/Hollywood... £37.50
Half Leg & Bikini/Underarm..... £37.00 Underarm..... £16.75
Half leg, Bikini & Underarm..... £46.00 Forearm..... £23.00
Half leg & Brazilian/ Hollywood.. £54.50 Lip or Chin..... £15.25
Full leg..... £40.50 Lip & Chin..... £23.00
Full leg & Bikini..... £48.00 Lip, Chin &
Full leg, Bikini & Underarm..... £52.50 Eyebrow Shape..... £26.50
Full leg & Brazilian/ Hollywood... £67.50 Chest or Back..... £34.00
Chest & Back..... £51.00

ELECTROLYSIS/ MILIA REMOVAL

Progressively permanent hair removal

Free consultation
Minimum charge..... £19.75
20 minutes £26.50
30 minutes..... £36.00

RED VEIN

Short wave diathermy is a safe and highly effective method of treating thread/spider veins and skin tags with minimal down time and great results.

Redvein / Skintag Removal £46.00

EYE CARE

A sensitivity test is compulsory 48 hrs prior to tinting, lash lifting and lamination.

Eyelash Tint..... £26.00 Eyebrow Tint/Shape..... £26.50
Eyebrow Tint..... £18.75 Eyebrow Shape..... £15.75
Eyelash/Eyebrow Tint.. £34.00 Eyelash/Eyebrow Tint/Shape.. £38.00

EYEBROW LAMINATION
Lifts and smooths brows with the goal of creating sleeker, neater and fuller looking eyebrows. Includes a tint and shape..... £41.00

MICROBLADING
Microblading is a semi permanent make up treatment used to solve eyebrow concerns. It is performed using a special tool with a fine blade to create hair like strokes. If you want to cover gaps, define or fill in overplucked brows, or barely there brows then Microblading is a fantastic option..... £350.00

LASH LIFT
This is an exciting technique that gives you longer and fuller looking lashes without the need for extensions. Your own lashes are given a natural lift from the root and a colour boost is added, creating a beautiful 'open eyed' effect and a more youthful appearance that is completely natural. (lasts up to 8 weeks) £56.00

Eyelash Lift and Eyebrow Lamination (save £20.00)..... £77.00

HAND AND FOOT CARE

Express Colour Manicure/Pedicure £26.50
(Nail shape is tidied followed with the colour of your choice.)
Deluxe Manicure £43.00
Deluxe Pedicure £46.00
(Includes cuticle work, scrub, massage, reshape and polish.)
Add heated mitts/boots £13.75
Add on shellac to any Hand and Foot Care treatment..... £13.75

SHELLAC

No chipping, no smudging, no kidding. A hybrid polish that dries in zero time giving you a flawless, mirror finish. Includes cuticle work and nail shape.

Shellac file and apply..... £36.50
Shellac soak off and reapply..... £46.00
Shellac soak off only..... £16.75
Shellac removal with any other nail treatment..... £11.75
Nail art..... from £5.25
Add on French..... £5.25

BUILDER IN A BOTTLE

BIAB is a self-levelling gel polish designed to strengthen and reinforce natural nails. It's perfect for weak or thin nails, providing a long-lasting, durable finish.

Builder Overlays..... £47.50
Builder Infills £47.50
Builder form broken nail..... £6.50
Builder Soak off..... £26.00

TANNING

Manual application
Full body £51.00
1/2 Body £28.50

EAR PIERCING

Complete with 24 carat gold plated studs and aftercare lotion. £40.00

SPECIAL PACKAGES

PICK ME UP PAMPER (2 hours) (Saving £15.00)..... £120.00
Dermalogica Pro Skin 30, Back, Neck & Shoulder
Massage and Deluxe Manicure.

LUXURY PAMPER (4 hours) (Saving £20.00)..... £209.25
Includes Dermalogica Pro skin 60 Essential,
Eyebrow Shape, Full Body Massage, refreshment,
Express Colour Manicure and Deluxe Pedicure.

CACI NON SURGICAL FACE LIFT

CACI's signature Non-Surgical Facial Toning is an advanced non-invasive facial. Microcurrent impulses will lift and tone the facial muscles and the neck area, whilst improving skin elasticity and reducing the appearance of fine lines and wrinkles. This gives a more youthful, fresh appearance and glow.

60 mins.....	£73.00
Course of 5 (Saving £36.50).....	£328.50
Course of 10 (Saving £73.00).....	£657.00

CACI ULTIMATE ANTI AGEING FACIAL

This comprehensive Caci treatment is the elite in anti ageing which incorporates microdermabrasion, hydration mask, micro current face lift and wrinkle comb. There treatment targets deep lines, wrinkles and hydration.

(90 mins).....	£109.00
Course of 5 (Saving £54.50).....	£490.50
Course of 10 (Saving £109.00).....	£981.00

CACI JOWL LIFT

The CACI jowl lift has been designed with quad probe applicators which offer double the lifting action of other CACI treatments for enhanced results. This treatment has been developed specifically to target muscle laxity round the jawline often caused by ageing.

30 mins.....	£36.00
Course of 10 recommended	
2 times weekly (Saving £36.00).....	£324.00
Add on Jowl.....	£23.00
Add on Jowl Course of 10 (Saving £23.00).....	£207.00

CACI EYE REVIVE

The CACI Eye Revive treatment uses microcurrent to gently lift and tone sagging muscles around the eye area, whilst serum filled rollers and a deeply nourishing eye mask reduce fine lines, dark circles and puffiness.

40 mins.....	£56.50
Course of 5 (Saving £28.25).....	£254.25
Course of 10 (Saving £56.50).....	£508.50

CACI EYE REVIVE AND JOWL LIFT

A rejuvenating treatment which targets the jaw line and eye area.

60 mins.....	£76.00
Course of 5 (Saving £38.00).....	£342.00
Course of 10 (Saving £76.00).....	£684.00

CACI ELECTRO CELLULITE MASSAGE

Gives an instant lift, shapes and tones buttock and thigh area. This treatment combines the therapeutic benefits of a massage with the effectiveness of microcurrent therapy. The conductive rollers improve the appearance of cellulite and lymphatic drainage, which helps to flush toxins away giving a smoother, tighter and dimple free appearance.

30 mins.....	£36.00
Course of 10 recommended	
2/3 times weekly (saving £36.00).....	£324.00

CACI HAND REJUVENATION

The anti-ageing and nourishing hand treatment uses conductive microcurrent gloves with CACI Rejuvenating Hand Masks to reduce fine lines and intensively moisturise, leaving hands hydrated with a softer more youthful appearance.

30 mins.....	£38.00
Add on to any other CACI treatment (20mins)	£26.00
Course of 10 (saving £38.00).....	£342.00